# FEEL CONFIDEN AND IN CONTRO OF YOUR SELF-CARE

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### **JOBST®** FarrowWrap®

Your guide to managing edema with an adjustable compression device



## DID YOU ?

Wraps can be used in all stages of edema management from decongestion therapy to reduce limb volume and size, to stabilizing fluctuations before moving onto compression garments. They can also be used for maintaining therapy results long-term for those who have issues applying and removing hosiery.

#### Take Control of Your Compression Therapy

Living with a chronic condition means having to adapt your daily routine to suit new and sometimes complex needs, which can be challenging at times. In order to reach your health and well-being goals, it's important to play an active role in your care and find tools that help you effectively manage your condition, while enabling you to continue living life at your own pace.

When it comes to managing swelling from lymphatic or venous diseases, bandaging and hosiery are considered the most effective treatment options. However, these can be difficult to independently manage for some people. Fortunately, innovative solutions such as adjustable compression devices offer an alternative.

#### THE BENEFITS ARE ALL YOURS

COMPRESSION WRAPS LET YOU TAKE CONTROL OF YOUR OWN CARE AND OFFER A RANGE OF BENEFITS:

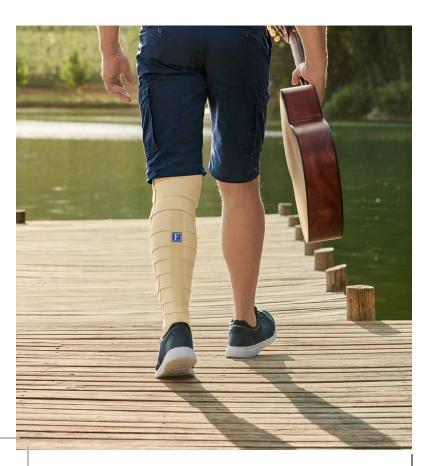
- ✓ Designed for easy application and removal
- Suitable for all edema management stages
- Deliver therapeutic compression levels
- Can be worn discreetly under clothing

## UNWRAPPING ADJUSTABLE COMPRESSION DEVICES

#### Taking control of your health can be made easier with innovative solutions like adjustable compression devices.

They may offer a great alternative to multi-layer bandaging or hosiery for those who find it challenging to apply or adjust on their own, or for those who simply prefer to have variety in their treatment options.

They are designed to be easy to use and discreet to wear under your clothing - which is perfect for those who want to continue living as normally as possible despite a change to their daily routines.



## EASY TO ADAPT TO YOUR INDIVIDUAL NEEDS

Adjustable compression devices are designed to provide support similar to that of bandaging - but offer greater flexibility, choice and the ability to independently self-apply and adjust according to your needs and tolerance.

#### WHO BENEFITS FROM COMPRESSION WRAPS?

#### WHEN COMPRESSION BANDAGING OR HOSIERY IS NOT SUITABLE, WRAPS CAN PROVIDE A FLEXIBLE TREATMENT OPTION FOR PATIENTS WITH:

- Swelling resulting from lymphedema and venous edema
- ✓ Venous leg ulcers
- Larger body sizes
- Physical limitations (e.g., weak hand strength, back issues)

#### THE TECHNOLOGY THAT MAKES WRAPS WORK

Short-Stretch Technology refers to the force that a compression wrap applies on the limb. When you are active and moving, the fabric provides high working pressure and can help improve venous flow and encourage better lymphatic fluid drainage. When you're less active and relaxing, the low resting pressure helps ensure that your wrap remains comfortable.

ASK YOUR HEALTHCARE PROVIDER IF A WRAP IS RIGHT FOR YOU.



## JOBST<sup>®</sup> FARROWWRAP<sup>®</sup> COMPRESSION THAT SUITS YOUR LIFESTYLE

The JOBST® FarrowWrap® range of adjustable compression devices enables you to confidently care for your own needs and manage edema with ease.

Made with durable fabrics, they help to reduce limb swelling and maintain volume reductions.

#### APPLY AND ADJUST CONFIDENTLY

JOBST<sup>®</sup> FarrowWrap<sup>®</sup> was engineered for easy application and can offer all the benefits of multi-layer bandaging, without the tricky application. The adjustable VELCRO<sup>®</sup> brand bands allow you to quickly and confidently respond to fluctuating edema levels throughout the day. Simply tighten or loosen the wrap as needed.

The bands have an overlapping\* design, which not only provides the support needed to control edema but also helps reduce the risk of swelling forming between the bands.

\* Overlapping bands not on JOBST® FarrowWrap® 4000



INTUITIVE APPLICATION SYSTEM

## BENEFITS



Easy Donning Easy-to-attach VELCRO® brand tabs support easy donning and doffing.



Short-Stretch Technology Short-Stretch Technology provides low resting and high working pressures to enhance lymphatic and venous return.



Adjustable VELCRO<sup>®</sup> brand hook & loop system lets you **respond better to fluctuating edema**. Simply tighten or loosen the wrap.



Low-Profile Design Discreet design is less bulky than multi-layer bandaging and can be worn under normal clothing.

## JOBST<sup>®</sup> FARROWWRAP<sup>®</sup> FOR CONFIDENCE WITH COMPRESSION

The JOBST® FarrowWrap® range of easy-to-apply compression wraps enables you to self-manage your edema and empowers you with everyday confidence and comfort. Made from durable material, JOBST® FarrowWrap® is designed to provide the same strong support as multi-layer bandaging but in a simplified, intuitive design. It helps to reduce limb swelling and maintain volume reductions.

#### JOBST<sup>®</sup> FARROWWRAP<sup>®</sup> LEGPIECES

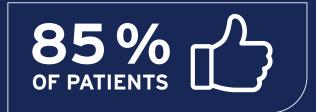


For edema effecting the lower limbs, the JOBST® FarrowWrap® legpieces are available in a range of length types depending on your level of edema, including: BASIC, CLASSIC, LITE, STRONG, and 4000.

#### JOBST<sup>®</sup> FARROWWRAP<sup>®</sup> ARMPIECES



For edema of the arms, the JOBST® FarrowWrap® Armpiece is available in a range of styles depending on your level of edema, including: CLASSIC, LITE and STRONG. Styles like FarrowWrap® LITE even contain an inner sleeve to help make putting it on easier. A 2018, 26-patient study of JOBST<sup>®</sup> FarrowWrap<sup>®</sup> LITE and CLASSIC foot and legpiece found that **85% of patients were satisfied** with the wrap's adaptability to suit their individual needs.<sup>1</sup>



73% of patients gave a positive assessment of

JOBST<sup>®</sup> FarrowWrap<sup>®</sup> in terms of manageability, making it a suitable choice for managing the challenging issues associated with venous and lymphatic conditions.<sup>1</sup>

<sup>1</sup> Observational Study JOBST<sup>®</sup> FarrowWrap<sup>®</sup> 2019, data on file

### A STYLE TO SUIT EVERY NEED:

JOBST<sup>®</sup> FarrowWrap<sup>®</sup> is available in a range of styles, fabrics, sizes and compression classes. Contact your fitter to discuss your individual needs and preferences.



## TOP TIPS FOR COMPRESSION SELF-CARE



#### CHOOSE THE RIGHT SHOES



Safe footwear is important to reduce the risk of falling and to help protect your garment from any unnecessary wear and tear. These days, it's easy to find footwear options that are made with flexible material that can comfortably and fashionably accommodate your foot garment.

#### WATCH WHAT YOU EAT



Although no specific diet has been shown to be effective in chronic edema management, following a healthy and balanced diet is generally recommended. Furthermore, obesity may worsen preexisting lymphedema.

#### HOW TO WASH YOUR WRAP



Before throwing your wrap into your washing machine,\* fold the VELCRO® brand hook and loop fastener back on itself to avoid any sticky situations while washing. Following the provided care instructions will help ensure a longer life span for your wrap.

#### LOVE YOUR SKIN

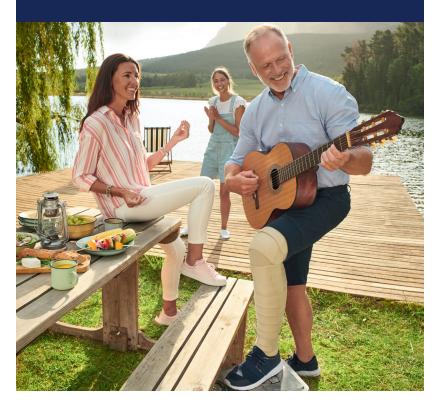


Keep your skin properly hydrated with emollient creams, as dry or cracked skin can increase the risk of developing infections such as cellulitis. It's also important to ensure any wounds are thoroughly cleaned and covered with a suitable dressing before applying compression.

\* JOBST<sup>®</sup> FarrowWrap<sup>®</sup> CLASSIC must be handwashed VELCRO<sup>®</sup> is a registered trademark of Velcro BVBA

## WE'RE HERE FOR YOU AT EVERY STAGE

If you have any questions or want to know more about how JOBST<sup>®</sup> products can support you, visit: **jobst-usa.com** 











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